



DFB-AKADEMIE



Berufsverband Deutscher
Psychologinnen
und Psychologen



Sektion Wirtschaftspsychologie
Sportpsychologie



5TH SYMPOSIUM ON SPORT PSYCHOLOGY

Mental Well-Being in High Performance Football

This exclusive conference, organized by the German Association of Psychologists (Berufsverband Deutscher Psychologinnen und Psychologen) in partnership with the German Football Association (DFB-Akademie), will explore the crucial role of psychological well-being in football. Tailored for psychologists and sport psychologists, the event will demonstrate how prioritizing mental well-being helps everyone involved in high-performance football thrive in demanding environments while also highlighting the broader benefits for teams and communities.

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Event Details

Date: 30th of October, 2024: 10:30 AM – 7:00 PM
31st of October, 2024: 9:00 AM – 1:30 PM

Location: DFB-Akademie, Schwarzwaldstraße 121,
60528 Frankfurt am Main, Germany

Program Highlights

1. What Role Does Mental Well-Being Really Play in High Performance Football?

Panel discussion moderated by: Jonathan Harding, Author and Elite Athlete Well-Being Consultant

2. The Importance of Supporting Coaches' Mental Well-Being: Examples of the League Managers Association's Approach

Speaker: Dr. Jennifer Lace, Head of Psychology and Mental Health, League Managers Association England

3. Developing Systems, Processes, and Interactions that Put the Human Being First

Speaker: Christian Luthardt, Head of Learning & Development, FC Bayern Campus

4. Creating a Mentally Healthy and Sustainable Work Environment through Organizational Psychology

Speaker: Carsten Hvid Larsen, Head of Football Psychology, Danish Football Association

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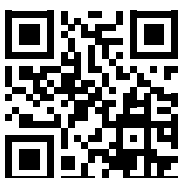
Why Attend?

- Gain insights into the latest approaches and strategies for fostering mental well-being in high performance environments.
- Connect with international psychologists and experts in mental well-being.
- Engage with key stakeholders in German football.
- Network with professionals and industry leaders.

Participate in this pivotal two-day conference focused on advancing mental well-being in football. Ensure your voice is included in this essential discussion.

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Contact Information



For further information and to register, please visit our website or use the qr Code:

www.wirtschaftspsychologie-bdp.de

